



Winter Guided Snowshoe Hikes 2017 - Cape Breton Region

Participants may win a "trail" prize. Thanks to our partners for organizing the hikes on the ground and to NS Trails and the NS Department of Communities, Culture and Heritage for their support.

Hikes are free unless otherwise indicated. **Pre-registration is required** unless otherwise indicated. See the details below for each hike.

When hiking or snowshoeing in winter, always be prepared for the conditions. Learn how to prepare for hiking or snowshoeing here: www.adventuresmart.ca/snow/snowshoe.htm.

Trail/Hike name	Date	Time	Do I need to Pre-Register?	Do I need to bring snowshoes?	Cost / person	Km Return	Trail difficulty	Directions & Details About the Hike	Organization/Contact
Uisge Ban Falls, Baddeck	February 11	10:00 AM	No	Yes	Free	2.61 km, 4,632 total steps	Moderate	This is one of the most beautiful waterfalls in Nova Scotia (pronounced 'ush-ka ban'). On Hwy 105, take Exit 9 and watch for signs. It is 14.5 km north of Baddeck at 715 North Branch Road, Baddeck Forks. This is part of the 6th Annual Victoria County Winter ActiveFest 2017.	Naturally Active for Life Victoria County Vince Forrestall vince_forrestall@countyvictoria.ns.ca naturallyactivevictoriacounty.com/events/winter-activefest/
Pottle Lake, North Sydney	February 12	11:00 AM	Must pre-register at 902-567-1628 ext 206	No, they will be provided (must register/request snowshoes)	Free	4 km	Moderate	Participants will meet on Old Branch Rd. just off Hwy 125. Join us as we explore the winter beauty in the watershed that supplies clean safe tap water to North Sydney.	ACAP Cape Breton Jen Cooper jcooper@acapcb.ns.ca www.acapcb.ns.ca
Franey Trail, Ingonish, Cape Breton Highlands National Park	February 19	12:00 PM	No	Yes	Free	7.4 km, 3 to 4 hours	Challenging	Watch for the Franey Trail Road sign on the Cabot Trail in Ingonish. Please note: Pending conditions, parking at the trailhead may not be accessible and a snowshoe to the trailhead from the secondary road may apply. This hike includes a climb of 366 metres in 3 hours or less. Enjoy a panoramic view of the Clyburn Valley and Middlehead. We will hike through mixed woods to a cliff-top look off providing breathtaking views of the Clyburn Valley and the surrounding highlands, extending ridge upon ridge into the distance. Guided Hike is part of the 6th Annual Victoria County Winter ActiveFest 2017.	Naturally Active for Life Victoria County Vince Forrestall vince_forrestall@countyvictoria.ns.ca naturallyactivevictoriacounty.com/events/winter-activefest/
Skyline Trail, north of Cheticamp on the Cabot Trail, Cape Breton Highlands National Park	February 25	11:00 AM	No	Yes	Free	7 km, 2 to 3 hours	Moderate	The Skyline Trail is located 27 minutes north of Cheticamp on the Cabot Trail in the Cape Breton Highlands National Park. Find directions here: tiny.cc/gxyo7x . Meet at the Shelter on the Cabot Trail in front of the Skyline Parking Area. Part of the 6th Annual Victoria County Winter ActiveFest 2017.	Naturally Active for Life Victoria County Vince Forrestall vince_forrestall@countyvictoria.ns.ca naturallyactivevictoriacounty.com/events/winter-activefest/
Smokey Mountain Microwave Towers, Smokey Mountain, Victoria County	February 26	1:00 PM	No	Yes	Free	3 kms, 1-1.5 hours	Moderate	This trail provides two great panorama views of the North Shore and of Ingonish, Victoria County. Take your camera! You will snowshoe up an old road to both locations. You will pass a few towers along the way. This hike will take place directly across from	Naturally Active for Life Victoria County Vince Forrestall vince_forrestall@countyvictoria.ns.ca



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								Cape Smokey Provincial Park. Meet at the look-off parking area on the Top of Smokey (map found at tiny.cc/yj53hy). This is part of the 6th Annual Victoria County Winter ActiveFest 2017.	naturallyactivevictoriacounty.com/events/winter-activefest/
6th Annual Middle River Baddeck Old Time Commute Trek 2017, Middle River	March 5	1:00 PM	Must pre-register at vince.forrestall@countyvictoria.ns.ca	Yes	Free	8.9 km	Challenging	The trail will include MacMillan Mountain Road to Gillis's Point Look-off to the Highland Road to the two Churches in Middle River. Take the Cabot Trail from the Red Barn. Entry to MacMillan Mountain Rd. is on the right. Park at the end of the road. Part of the 6th Annual Victoria County Winter ActiveFest 2017.	Naturally Active for Life Victoria County Vince Forrestall vince.forrestall@countyvictoria.ns.ca naturallyactivevictoriacounty.com/events/winter-activefest/
Hike TBA, Iona	March 5	1:00 PM	No	Yes	Free	2 km	Moderate	Go to www.centralcapebreton.com for all the latest to keep updated on this Annual event in Iona.	Central Cape Breton Community Ventures, Wellness Committee Ann Marie MacNeil ann.macneil@ns.sympatico.ca www.centralcapebreton.com