

THE NEED

To assist our physical activity, recreation and sports facilities, including community halls, adapt to offering healthier eating options. Naturally Active for Life Victoria County in partnership with NS Health Authority is able to provide support to facilities for equipment replacement, healthy menus and purchases that will assist in the preparation of healthy food and beverages.

The Assistance Fund 2016-17 is available to physical activity, recreation and sports settings that serve or sell foods or beverages through a canteen, cafeteria, vending machines, hospitality rooms and potlucks.

Physical activity, recreation & sports settings promote a healthy lifestyle through physical activity, but much of the food served and sold in these settings is inconsistent with the promotion of healthy eating. Increasing the availability and access to healthy food and beverage in physical activity, recreation and sports settings and facilities may require different or additional food, beverage preparation and storage equipment.

Proud Partners For Your Health



Victoria County Volunteers, Leaders, Groups,
Facility Operators & Service providers

PROGRAM GUIDELINES

Who Can Apply:

Settings include but are not limited to parks, physical activity, recreation & sports settings, multi-purpose complexes, community centres and halls, publically funded and not-for-profit fitness centers, golf courses, tennis, arena, curling rinks, art centers, aquatic facilities, summer/march break camps, sports fields, hospitality rooms & trails.

Organizations Eligible for Assistance Funding:

- Municipal & Staff Wellness Programs
- Boards that manage facilities
- Organizations accessing facilities
- Public organizations Incorporated as not for profit society under the NS Joint stocks, societies act of NS Victoria County
- Foodbanks
- Schools

Items Eligible for Assistance Funding:

*****(Please refer to Pages 14-25 in the HERSS Tool Kit for more examples)**

- Meal preparation equipment
- Convection & Conventional ovens
- Refrigerators
- Dishwashing
- Vending machines, healthy options
- Panini maker
- Smoothie machines
- Grills
- Toasters
- Greenhouses
- Programming
- Community Gardens
- Healthy Menus
- Local food production

If a facility or organization does not currently have a deep fat fryer or would get rid of their deep fat fryer, they are eligible to apply for funding to purchase other equipment (Those listed above) that would assist in offering a healthy choice.



**Healthy Eating in
Physical Activity
Recreation Sports
Settings**

**Assistance
Fund
2016-17**



APPLICATION PROCESS & PROCEDURE

- Applicants can contact Naturally Active for Life Victoria County (Est. 2011) to discuss the proposal, determine eligibility and provide relevant advice and assistance
- Level of contribution available is to a **maximum \$2,000** to assist with costs for purchasing, replacing, removing and/or adding food preparation equipment, programming, menus, etc.
- Successful applicants shall **start renovations within 60 days of application approval**. Equipment purchases through this fund must remain with the facility
- Application deadline: **January 13, 2017**. Applicants will be notified within 30 days of the application being submitted: **February 13, 2017**
- Applicants shall provide Budget outline of proposed purchases and/or changes with cost estimates. Applicants shall provide a letter outlining future commitment to healthy eating Once application approved, 100% funds released to successful applicant A Final report must be submitted 1 month of completion of the initiative to receive future funding
- For successful applicants, if a project needs to be modified, a re-submission of the application is required and sent to Naturally Active for Life Victoria County (Est. 2011) for approval (Subject to funding revision) . Successful applicants will be required to attend a Policy Education Workshop.
- Applicants are encouraged to recognize the assistance provided by Naturally Active for Life Victoria County through this assistance funding, with their partner the Nova Scotia Health Authority - any recognition content will be gratefully accepted by Naturally Active For Life Victoria County and their respective partners — Nova Scotia Health Authority

APPLICATION

Projects should follow the Guidelines set forth in the Victoria County Healthy Eating in Physical Activity Recreation Sports Settings Policy and supported by the Tool Kit Resource:

Date of Application: _____ **Date Received :** _____

Applicant Name: _____

Address: _____

Contact person: _____ **Phone # :** _____

Email Address: _____

Registry of Joint Stocks Companies Incorporation Number (If applicable): _____

Project description including timeframes, scope & benefits to residents & visitors:: (Attach a separate sheet if necessary)

Signature: _____

- **Did you remember to submit the following with your application:**
 - Complete description of project as per process & procedure Budget
 - Why policy is important to you, how is it going to be spent, impact on Victoria County Signed Application Form

B U D G E T

EXPENDITURES:

REVENUES:

Applicants Contribution: _____

Funding Support from other Sources (If project over \$2,000): _____

Financial Assistance requested: Expenses Minus Revenues = _____

Please return application & supportive documentation to:

Please complete the attached application form and fax (902.295.1864), mail (Box 370, Baddeck, NS B0E 1B0) or e-mail: vince.forrestall@countyvictoria.ns.ca to Naturally Active for Life Victoria County Funds are limited and applications will be reviewed as received by the Stakeholders Group

FOR OFFICE USE ONLY:

Financial review of project: _____

Amount: _____

Project Approval: _____

Notification of results: _____

Councillors Notified: _____

Disbursement amount: Initial: _____

Final: _____

If you have any questions or require further information, please do not hesitate to contact the Naturally Active Victoria County Physical Activity Coordinator Vince Forrestall at 902.295.3661 (Tel) or vince.forrestall@countyvictoria.ns.ca
